

**DEGREE PLANNING SHEET**  
**Athletic Training Option**

**Richard W. Riley College of Education**  
**Department of Health & Physical Education**

<b>FRESHMAN</b>					
<b>FALL SEMESTER</b>					
<b>COURSE</b>	<b>DESCRIPTION</b>	<b>S.H. CREDIT</b>	<b>DATE PLANNED</b>	<b>TERM TAKEN</b>	<b>GRADE</b>
CTQR 150	Quantitative Methods	3			
ACAD 101 or elective	Principles of Learning Academy	1			
WRIT 101	Composition	3			
HLTH 300	Personal & Community Health	3			
PHED 101*	Introduction to Physical Education	3			
PHED 111*	Introduction to Athletic Training	1			
PHED 361	First Aid & CPR	1			
	<b>GPA _____</b>	<b>15</b>			
<b>SPRING SEMESTER</b>					
CSCI 101	Introduction to Computers	3			
CHEM or PHYS 101, 102	101 OR 105 Everyday Physics & Lab	3 3,1			
PSYC 101	Introduction to Psychology	3			
HMXP 102	Human Experience: Who Am I?	3			
PHED 212,212L*	Foundations of Athletic Training & Lab	2,1			
	<b>Cumulative GPA _____</b>	<b>15 or 16</b>			
<b>FORMAL ADMISSION TO ATHLETIC TRAINING PROGRAM</b>					
<b>SOPHOMORE</b>					
<b>FALL SEMESTER</b>					
BIOL 307	Human Anatomy	4			
CRTW 201	Critical Reading, Thinking & Writing	3			
NUTR 221	Human Nutrition	3			
PHED 267	Weight Training	1			
PHED 338, 338L*	Assessment of Athletic Injuries and Illnesses: Lower Extremities	2,1			
PHED 211	Clinical Experiences I	1			
	<b>Cumulative GPA _____</b>	<b>15</b>			
<b>SPRING SEMESTER</b>					
BIOL 308	Human Physiology	4			
PHED 506	Advanced Emergency Care	2			
PHED 382*	Kinesiology	3			
PHED 339,339L*	Assessment of Athletic Injuries and Illnesses: Upper Extremity	2,1			
PHED 563, 563L*	Therapeutic Modalities for Athletic Training	2.1			
PHED 311	Clinical Experiences II	1			
	<b>Cumulative GPA _____</b>	<b>16</b>			

<b>JUNIOR</b>					
<b>FALL SEMESTER</b>					
<b>COURSE</b>	<b>DESCRIPTION</b>	<b>S.H. CREDIT</b>	<b>DATE PLANNED</b>	<b>TERM TAKEN</b>	<b>GRADE</b>
SPCH 201	Public Speaking	3			
PHED 384*	Exercise Physiology	3			
Humanities & Arts		3			
PHED 363*	Medical Aspects of Sport	3			
PHED 564,564L*	Assessment of Athletic injuries and Illnesses: Head, Trunk & Spine	2,1			
PHED 497	Clinical Experiences III	1			
	<b>Cumulative GPA</b>	<b>16</b>			
<b>SPRING SEMESTER</b>					
HLTH 501	Substance Abuse	3			
PHED 242*	Motor Learning & Control	3			
PHED 548	Sport Psychology	3			
PHED 465*	Strength & Conditioning	2			
PHED 565, 565L*	Therapeutic Exercise and Rehabilitation for Athletic Training	2,1			
PHED 498	Clinical Experiences IV	1			
	<b>Cumulative GPA</b>	<b>15</b>			
<b>SENIOR</b>					
<b>FALL SEMESTER</b>					
HIST 211	US History to 1877	3			
Humanities & Arts		3			
PHED 381	Philosophy & Principles of Human Movement	3			
PHED 480	Exercise Testing & Prescription	3			
PHED 496B*	Administrative Aspects of Athletic Training	3			
PHED 499	Clinical Experiences V	1			
	<b>Cumulative GPA</b>	<b>16</b>			
<b>SPRING SEMESTER</b>					
Humanities & Arts/Social Sciences		3			
Global Perspectives		3			
NUTR 520*	Sports Nutrition	3			
Social Science		3			
Free Elective		3			
PHED 500	Clinical Experiences VI	1			
	<b>Cumulative GPA</b>	<b>16</b>			

\* Offered ONLY that semester

Revised 6/6/06

# OVERALL ATHLETIC TRAINING DEGREE REQUIREMENTS

**Critical Skills (15 hrs)**

WRIT 101 (3) \_\_\_\_\_  
 CRTW 201 (3) \_\_\_\_\_  
 CTQR 150 (3) \_\_\_\_\_  
 CSCI 101 (3) \_\_\_\_\_  
 SPCH 201 (3) \_\_\_\_\_

**Skills for a Common Experience Across Disciplines (3 hrs)**

GNEC 102 (3) \_\_\_\_\_  
 HIST 211 (0) \_\_\_\_\_ Constitution

**Intensive Writing Skills (3 hrs)**

PHED 381 (3) \_\_\_\_\_

**Freshman Experience (1 hr)**

ACAD 101 (1) \_\_\_\_\_

**Natural Sciences (7 hrs)\***

BIOL 307 (4) \_\_\_\_\_  
 Chemistry or Physics (3) \_\_\_\_\_ Course # \_\_\_\_\_  
 (see approved list)

**Social Science Perspective (6-9 hrs)**

PSYC 101 (3) \_\_\_\_\_  
 \_\_\_\_\_ (3) \_\_\_\_\_

\* CHOOSE FROM AT LEAST TWO DESIGNATORS

**If 9 hours are NOT taken in Humanities and Arts, select an additional 3 hours.**

\_\_\_\_\_ (3) \_\_\_\_\_

**Historical Perspective (3 hrs)**

HIST 211 (3) \_\_\_\_\_

**Global Perspective (3 hrs)**

\_\_\_\_\_ (3) \_\_\_\_\_

**Humanities and Arts Perspective (6-9 hrs)**

\_\_\_\_\_ (3) \_\_\_\_\_  
 \_\_\_\_\_ (3) \_\_\_\_\_

\* CHOOSE FROM AT LEAST TWO DESIGNATORS

**If 9 hours are NOT taken in Social Science, select an additional 3 hours.**

\_\_\_\_\_ (3) \_\_\_\_\_

**Cultural Event Requirements**

<b>CE 1</b>	<b>CE 7</b>	<b>CE 13</b>
<b>CE 2</b>	<b>CE 8</b>	<b>CE 14</b>
<b>CE 3</b>	<b>CE 9</b>	<b>CE 15</b>
<b>CE 4</b>	<b>CE 10</b>	<b>CE 16</b>
<b>CE 5</b>	<b>CE 11</b>	<b>CE 17</b>
<b>CE 6</b>	<b>CE 12</b>	<b>CE 18</b>